

Community Outreach Programs & Services

Community Development Worker: Alicia Brame

Food Project Coordinator: Christine Nolan

Outreach Services

- Assist with transportation to various appointments (Food Bank, Ontario Works, etc.)
- Connecting families with other community agencies for support (Women in Crisis, CMHC, CADs, etc)
- Connect families with assistance for basic household needs (hydro, rent, food, etc.)
- Provide assistance with receiving subsidy for summer day camps, recreation programs for adults and children, swim/skate passes and childcare
- Assist in finding childcare and after school programs
- Provide information on where to get clothing, food, bus tickets, baby supplies, parenting support, etc.
- Be an advocate for you with community agencies and programs

Community Outreach Programs

Grab & Go Program

Join us for coffee, tea, hot chocolate and snacks. This is an opportunity to chat with other parents and community members, and to find out what is happening in your community. You can check out the Clothing Tables and Food Shelf and pick-up some items that you might need. All items are free and available to families. Children are welcome. *Food supplies are limited based on donations. We do our best to be sure there are items available to those who need it.*

Mondays: 1:30 – 3:00 pm @ 150 Imperial Rd N. Apartments, Community Room

Wednesdays: 2:00 – 4:00 pm @ 246 Westwood Apartments, Community Room

Free Bread

Bread is available for pick up courtesy of the Guelph Food Bank. Feel free to drop by and pick up a loaf of bread, a bag of rolls or some bagels. *Supply is limited based on availability. We do our best to be sure there are items for those who need it.*

Monday: 1:30 - 3:00 pm @ 150 Imperial Rd., N. Apartments, Community Room

Tuesday: 9:00 - 11:30 am @ West Willow Woods Neighbourhood Group Office, Portable #6

Collective Kitchen

Come and learn new recipes and socialize with your neighbours. You will make a variety of items and be able to take what you like home enjoy that evening or store for another day. A new menu every month and prices vary per serving. This program is on the 2nd Tuesday of every month. To sign-up, please call Christine at 519-826-9930.

- View the monthly flyer in the [News & Events](#) section

Community Garden

Want to help us plant a garden?

We are planting our own garden to provide fresh vegetables to the neighbourhood through our outreach programs. We are looking for volunteers to help out with the planning, planting, maintenance and harvesting of the garden through the season. If you are interested please speak with Christine.

Want your own garden?

- Garden is located at the Three Willows Church
- Plant and tend your Garden on your own schedule
- You can bring the whole family to participate
- Planting Season begins in mid Spring
- For more information and to register call Three Willows United Church, 519-822-7690.

Garden Fresh Program

Garden Fresh Box is a not-for-profit produce-buying service that delivers nutritious and affordable fruits and vegetables conveniently to the neighbourhood. Items are fresh picked and packed in season when they are crisp and delicious. It's also a great way to try new food.

- When:** Orders are due the 1st Friday of the month
Pick-up is on the 3rd Wednesday of the month
- Where:** West Willow Woods Neighbourhood Group Office, Portable #6
- Cost:** Large Box - \$20
Small Box - \$15
- Time:** Pick-up is 2:00 – 4:00 p.m.